

<b>HEALTH</b>	
<b>Improving individual and family health, safety and security.</b>	
<p><b>Problem Statement:</b> Washington County residents’ health and well-being is adversely affected by high risk behaviors and abusive lifestyles. <i>Key indicators include: violence, neglect and abuse, unhealthy lifestyles, and teen pregnancy.</i></p>	
<p><b>Goal Statement:</b> By June 30, 2021, improve the health and well-being of Washington County residents who participate in collaborative, evidence-based programs according to available key indicators.</p>	
Strategies:	Performance Measures:
<ol style="list-style-type: none"> <li>1. Improve healthy lifestyles through programs aimed at improving nutrition and physical activity as well as environmental changes.</li> <li>2. Decrease violence and neglect and abuse through prevention, awareness, and support programs</li> </ol>	<ul style="list-style-type: none"> <li>• # of children and youth receiving out of school time meals</li> <li>• # of participants increasing knowledge of proper nutrition</li> <li>• # of participants who increase physical activity</li> <li>• # of participants achieving a decrease in BMI, blood pressure, blood sugar readings</li> <li>• # of participants engaged in multi-session intervention resulting in a safe housing situation</li> <li>• # of individuals attending awareness events and support programs</li> <li>• # of individuals attending teen pregnancy programs and educational events</li> <li>• # teen pregnancies / births</li> <li>• # of Forensic Medical Examinations Performed</li> <li>• # of Social Worker / Client Interviews conducted</li> <li>• # of prosecutions of sexual or child abuse cases</li> <li>• # of individuals enrolled in smoking cessation programs</li> <li>• # of individuals enrolled in smoking cessation programs provided nicotine patches/ gum</li> <li>• # of individuals attending NA/AA programs</li> <li>• # of youth educated through Electronic Smoking Device (ESD) prevention/ awareness activities</li> </ul>