

Ph: 301.739.8200

2022 HOME SAFETY CHECKLIST

(Use to Suggest Projects)

Ask a few preliminary questions:	
1. Have you ever fallen? If so, how?	* Fire * Accessibility
2.Can you reach everything in your home?	* Fall Prevention
3. Would you find it helpful to have a gripping device?	
KITCHEN	
4.Do the cupboards need to be re-arranged to be more accessible?	
5. Does the oven need cleaned? If so, is it feasible for the volunteers to do?	
LIVING ROOM	
6.1s there clutter in the main walkway – is it free from cords, loose rugs, etc.?	
7.Do any shelves need to be re-arranged?	
BATHROOM	
8. Would they like grab bars or handrails if there aren't any present?	
9.ls there a nonskid shower mat?	
10. Would they like a hand-held shower head if they don't already have	one?
11. Are there any other safety concerns in this room?	

12.	Is there adequate lighting from the bedroom to the bathroom? Would they like a nightlight?
13.	Does the tub need cleaned?
ALL AREAS	
14.	Are all steps (inside & out) in good condition? Do any of stairways need handrails?
15.	Is there adequate lighting both inside & outside of the house?
16	Do they have enough smoke detectors? Do the batteries need changed?
17.	Are there any other safety concerns that you observed inside or outside?

BEDROOM