**HEALTH**

Improving individual and family health, safety and security.

**Problem Statement:** Washington County residents’ health and well-being is adversely affected by high risk behaviors and abusive lifestyles. *Key indicators include: violence, neglect and abuse, unhealthy lifestyles, and teen pregnancy.*

**Goal Statement:** By June 30, 2021, improve the health and well-being of Washington County residents who participate in collaborative, evidence-based programs according to available key indicators.

<table>
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<tr>
<th>Strategies:</th>
<th>Performance Measures:</th>
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| 1. Improve healthy lifestyles through programs aimed at improving nutrition and physical activity as well as environmental changes.  
2. Decrease violence and neglect and abuse through prevention, awareness, and support programs | • # of children and youth receiving out of school time meals  
• # of participants increasing knowledge of proper nutrition  
• # of participants who increase physical activity  
• # of participants achieving a decrease in BMI, blood pressure, blood sugar readings  
• # of participants engaged in multi-session intervention resulting in a safe housing situation  
• # of individuals attending awareness events and support programs  
• # of individuals attending teen pregnancy programs and educational events  
• # teen pregnancies / births  
• # of Forensic Medical Examinations Performed  
• # of Social Worker / Client Interviews conducted  
• # of prosecutions of sexual or child abuse cases  
• # of individuals enrolled in smoking cessation programs  
• # of individuals enrolled in smoking cessation programs provided nicotine patches/ gum  
• # of individuals attending NA/AA programs  
• # of youth educated through Electronic Smoking Device (ESD) prevention/ awareness activities |